

Hair Loss Treatment Matchmaker Matrix

Best for DHT Blockers

- Profollica - For men with receding hairlines due to DHT.
- Provacyl - Boosts testosterone and slows hormone-linked hair loss.

Best for Stress or Nutritional Shedding

- Nutrafol Men - Reduces cortisol, supports regrowth.
- Nutrafol Women's Balance - Perfect for women 45+ managing hormonal shifts.

Best Drug-Free Solutions

- Viviscal - Marine-based supplement, hormone-free.
- Pura D'OR - Shampoo/conditioner system with biotin and argan oil.

Best for Scalp Inflammation or Sensitivity

- Divi Scalp Serum - Calms and nourishes scalp with clean ingredients.
- The Ordinary Serum - Lightweight and budget-friendly, great for nightly use.

Best Budget-Friendly Options

- Wild Growth Oil - Cult favorite with strong results under \$10/month.

Fast Facts by Concern

- Hereditary thinning? -> Try Minoxidil (Women's Rogaine)
- Stress shedding? -> Nutrafol, Divi
- Hormonal imbalance (women 45+)? -> Nutrafol Women's Balance
- Scalp sensitivity? -> Divi, The Ordinary
- Price-sensitive? -> Wild Growth Oil, The Ordinary

What to Expect

- Most products take 60-90 days to show visible results
- Consistency is key: missed days = slowed progress
- Combining internal (supplement) + topical (serum/foam) works best