

## Mini Checklist: 5 Signs You're Using the Wrong Scar Cream

1. You're seeing no change after 8 weeks.

Some creams work fast, others don't - your skin may need a different formula (like silicone or vitamin A).

2. The product makes your skin red, itchy, or irritated.

You might be reacting to an ingredient like onion extract, preservatives, or essential oils.

3. The texture feels greasy or peels under sunscreen.

Lightweight, fast-absorbing gels like Murad or Dermefface FX 7 are better under makeup or SPF.

4. You're using the wrong product for your scar type.

For example, stretch marks respond better to Bio-Oil, not silicone sheets. Acne scars? Go with Murad or Derma E.

5. The packaging says "scar cream" - but the ingredients are vague.

Look for proven actives: silicone, vitamin E, centella, salicylic acid, or patented complexes like Centelline.