

## Fat Burner Comparison Cheat Sheet

Product	Goal	Stimulant?	Best For	Avoid If	Cost
CalmLean	Metabolism	No	Men 40+	Want fast results	\$
CortiSync	Stress belly	No	Stressed men	Not stress-related	\$
MagO7	Detox	No	Bloating	Sensitive gut	\$
Dr. Tobias	14-day flush	No	Short-term detox	Long-term need	\$
Alli	Fat blocking	No	FDA-seekers	Eat high-fat meals	\$\$\$
Bragg ACV	Appetite	No	Gut health fans	Want fast burn	\$
C4 Ripped	Workout energy	Yes	Athletes	Caffeine sensitive	\$
Animal Cuts	Hardcore cut	Yes	Bodybuilders	New users	\$\$\$
Night Shred	Sleep burn	No	Poor sleepers	Using sleep meds	\$